Spiral Pencil Control: Out and In

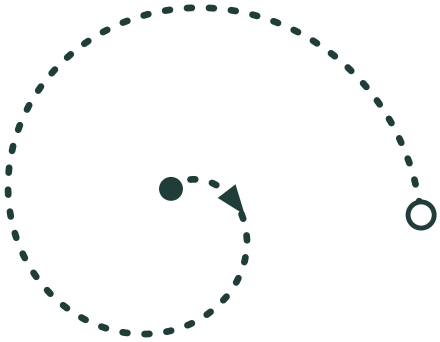
Use a finger first, then a pencil. Keep your hand comfortable.

Follow the dotted path from the solid dot to the open circle.

● start ○ finish → follow this way

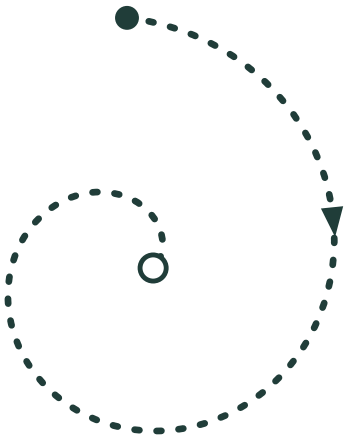
1. Grow out from the middle.

Start at the solid dot. Follow the spiral out.



2. Wind in towards the middle.

Start on the outside dot. Follow the spiral in.



3. Try your own spiral.

Choose a place to start. Let your curve grow slowly.

A grown-up can model each journey. Stop and rest whenever you need.