Quiet Sound Detective: Listen and Record

Describe what you hear; be honest about what you cannot see.

With an adult, listen quietly in a familiar safe place for about 30 seconds. Keep normal awareness of your surroundings. Do not make loud sounds.

Our place: _____

Listen	Describe the sound	Possible source	Seen / unsure
1			
2			
3			
4			

Listen once more. What stayed the same or changed?

It is fine to say: I did not hear a sound, or I am not sure.