Materials: Bend Gently and Let Go

Answers, practical support and discussion.

Select safe samples

Use small smooth-edged strips of paper, thin card, soft fabric and soft foam. The adult selects them; do not use glass, wire, sharp plastic or brittle items. Bend only gently and stop at resistance.

Record actual observations

There is no fixed result table. Material thickness and construction affect bending and recovery. Accept yes, no or unclear based on what the learner actually sees. If a sample did not bend, write not bent in the recovery column.

Keep two questions separate

Bending and returning to the first shape are different observations. A strip might bend and stay bent. A sample that resists this gentle test is not proven unbendable or stronger.

Compare fairly

Use similar sizes and the same gentle action as far as practical. Record sample names and one visible change. A repeat may help an unclear observation; do not press harder to force a result.