# Plan and Write a Kindness Postcard

Adult discussion guide. Accept the child’s own words.

## Make the reader meaningful

The recipient can be a familiar person or an invented character. No real full name, address, phone number or other private details are needed. This page is a writing activity, not a posting or sharing task.

## Move from a general idea to a detail

Ask what the person did and how it helped. For example, a child might remember someone finding a lost glove. Use their actual or invented example; do not replace their message with a model to copy.

## Connect picture and words

Does the drawing show something linked to that kind action? Can the child explain the connection? The picture need not be realistic. Labels, dictated words or a familiar communication aid are welcome.

## Read the message back

Look for a greeting, a specific thank-you and a closing. For a beginner, one dictated sentence may be enough. More confident writers can add how the action made them feel. Check that the meaning is clear before correcting spelling.

## Keep the choice with the child

The child decides whether to keep the postcard, read it aloud or give it privately to the intended person with adult support. Completing the worksheet does not require sending a message.