Handwashing Steps Read and Order

Answers and adult support.

Checked order

1. Wet hands with clean running water. 2. Add soap. 3. Rub palms, backs, between fingers and around nails for 20 seconds. 4. Rinse away the soap with clean running water. 5. Dry hands with a clean towel or air dryer.

Talk together

Talk about useful times to wash hands, such as before preparing food and after using the toilet.

Practical note

An adult can model the routine with the local sink and supplies. Follow any setting-specific hygiene guidance and supervise young children around water.